

Sydney Thompson

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October 24, 2024

Kathy Underwood

Hiring Manager

University of North Alabama

1 Harrison Plaza, Florence, AL 35632

Dear Ms. Underwood,

I am writing to express my interest in your department's Wellness Coach and Personal Trainer position. Reviewing the requirements and description of the position, I understand that you are looking for a candidate who is highly knowledgeable about the role's responsibilities and can perform them effectively and efficiently. I am confident that I possess the required knowledge and skills to carry out this job proficiently.

I am a very determined and organized college student majoring in Exercise Science with a concentration in Pre-Professional Studies at the University of North Alabama. During my time at UNA, I have become extremely interested in health and wellness. I have been putting more of my time into my health and wellness. Now, I have become determined to help promote it for others.

In both my academic and personal life, my peers and employers can tell you that I am a determined hard worker. Whether it be working on school, extracurricular, or personal tasks. I bring proven determination and people skills to the table, which I hope to leverage in the Wellness Coach and Personal Trainer role in the Department of Kinesiology.

Thank you for your time and consideration. I would be more than happy to provide more insight into how my skills and experiences will add value to your department. Please contact me at (256) 366-1299 or via email at sthompson26@una.edu to arrange a convenient meeting time.

Sincerely,

Sydney Thompson