## Sydney Thompson

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#### **EDUCATION:**

## Bachelor of Science, December 2025

University of North Alabama, 1 Harrison Plaza, Florence, AL, 35632

• Major: Exercise Science

• Concentration: Pre-Professional Studies

• GPA: 3.63/4.0

### **High School Diploma**, May 2022

Wilson High School, 7601 AL-17, Florence, AL 35634

#### **WORK EXPERIENCE:**

Server, August 2025 – Present

Mugshots, Florence, AL

- Opening duties include making sure front of house is clean and ready for customers, prepping teas, sauces, and cutting fresh lemons.
- During a shift includes making sure customers are greeted in a timely manner, having filled drinks, running food no matter who's it is, keeping cups and ice sticked in kitchen, and helping coworkers when needed.
- Closing duties includes, completing all side work assigned, cleaning your section and making sure table is stocked correctly, rolling silverware.

**Server**, May 2024 – July 2025

Outlaw Sushi, Florence, AL

- Opening duties include rolling silverware, making sure all condiments are full on tables, make sure the front of the house is clean
- During shift includes making sure customers always have filled drinks, running food as soon as it's ready, putting in orders in a timely fashion
- Closing duties include rolling silverware, sweeping and mopping floors, cleaning tables, and refilling condiments and salt and pepper

• Having good communication skills with coworkers and managers. Having a good attitude and great customer service skills.

# Physical Therapy Tech/Aide, April 2024 – Present

P4 Physical Therapy, Florence, AL

- Take scheduling phone calls, help patients get started on their exercises, bring hot or cold packs for patients when needed, set patients up on stimulation, and keep areas cleaned in between patients.
- Having great people and communication skills

## **COMPUTER SKILLS:**

- Microsoft Word
- Excel
- PowerPoint

## **ACTIVITIES AND HONORS:**

- Academic Scholarship University of North Alabama
- Research Study Participant
- Dean's List Fall 2024
- President's List Spring 2025

## **CERTIFICATIONS AND MEMBERSHIPS:**

• Underwood Baptist Church member